

BASEBALL THEORY FOR YOUTH LEAGUE COACHES

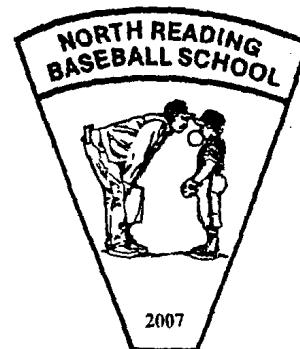
The North Reading Baseball School is offering a comprehensive course on teaching baseball skills and techniques. This course was designed to aid all prospective Little League and Babe Ruth Leagues Coaches. Included in the course content are the actual drills and innovative teaching techniques used at the North Reading Baseball School. I have had as many as 40 coaches participate from programs around the North Shore. Please notify other league coaches. The instruction will be given by Hall of Fame member, **Coach Frank Carey**, No. Reading High School.

- 2007 A.B.C.A. National H.S. Coach of the Year -

Topics Covered:

- Throwing -Progressive drills and theory
- Hitting -Correction common faults
-Analyzing video tape
-Theory and drills
- Fielding -Progressive fielding drills
-Various infield techniques
- Pitching/catching
- Bunting
- Practice organization and administration
- Other topics to be discussed at request

NORTH READING
BASEBALL
SCHOOL



NO. READING HIGH SCHOOL
RTE. 62 NO. READING, MA

Dates: Jan. 28th and 30th, Feb. 4th and 6th (4 classes).

Time: 6:30pm - 8:30pm

Cost: \$60.00 (8 hours instruction)

Place: North Reading High School Gym - Route 62, North Reading

Discount: 4 coaches same league qualify – 10% discount each

If interested, contact: Coach Frank Carey
North Reading Baseball School
P.O. Box 161
North Reading, MA 01864
H: 781-842-4042
W: 978-664-7800 ext. 260

COACH'S NAME: _____ HOME TEL: _____

ADDRESS: _____ CITY: _____ ZIP: _____

AMOUNT PAID _____ COACHING LEVEL _____

**** All coaches must pre-register ****