

## BASEBALL THEORY FOR YOUTH LEAGUE COACHES

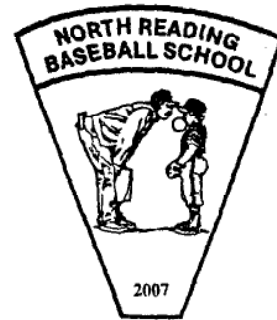
The North Reading Baseball School is offering a comprehensive course on teaching baseball skills and techniques. This course was designed to aid all prospective Little League and Babe Ruth Leagues Coaches. Included in the course content are the actual drills and innovative teaching techniques used at the North Reading Baseball School. I have had as many as 40 coaches participate from programs around the North Shore. Please notify other league coaches. The instruction will be given by Hall of Fame member, **Coach Frank Carey**, No. Reading High School.

- 2007 A.B.C.A. National H.S. Coach of the Year -

### Topics Covered:

- Throwing -Progressive drills and theory
- Hitting -Correction common faults  
-Analyzing video tape  
-Theory and drills
- Fielding -Progressive fielding drills  
-Various infield techniques
- Pitching/catching
- Bunting
- Practice organization and administration
- Other topics to be discussed at request

NORTH READING  
BASEBALL  
SCHOOL



NO. READING HIGH SCHOOL  
RTE. 62 NO. READING, MA  
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**Dates:** Feb 2nd, 4th , 9th, 11th (4 classes).

**Time:** 6:30pm - 8:30pm

**Cost:** \$60.00 (8 hours instruction)

**Place:** North Reading High School Gym - Route 62, North Reading

**Discount:** 4 coaches same league qualify – 10% discount each

**If interested, contact:** Coach Frank Carey  
North Reading Baseball School  
P.O. Box 161  
North Reading, MA 01864  
H: 781-842-4042  
W: 978-664-7800 ext. 260

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COACH'S NAME: \_\_\_\_\_ HOME TEL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

AMOUNT PAID \_\_\_\_\_ COACHING LEVEL \_\_\_\_\_

**\*\* All coaches must pre-register \*\***